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## TRAVERSE CLIMBING WALL

Dear Parents/Carers,

Your child has the opportunity to participate in climbing wall activities as part of our Physical Education Program using our Traverse Climbing Wall.

The wall is approximately 3 metres in height and runs almost the length of the green hall. Participants climb horizontally across the wall and their feet will at no time be higher than the red marker line which is approximately 1 metre above the floor. Your child will be informed of all safety rules and will climb under the supervision of a teacher.

Climbing develops co-ordination, strength, flexibility and cardiovascular fitness. Problem solving, goal setting, perseverance, confidence and patience are also developed.

To enable your child to participate in climbing wall activities please sign and return the permission slip below. If you have any questions about our climbing wall program, please contact me.

Thank you,

Linda Charlton  
Assistant Principal



## TRAVERSE CLIMBING WALL - PERMISSION NOTE

I give permission for my child, \_\_\_\_\_ of class \_\_\_\_\_

to participate in climbing wall activities at Katoomba Public School. I understand that my child will not be allowed to climb unless supervised by teachers. I will stress the importance of safety rules when we discuss this activity at home.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_